2020 Preventive Drug List

SecurityHealth Plan℠

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Introduction

In addition to a healthy lifestyle, preventive prescription drugs are important in helping people avoid many types of illnesses and complications from illnesses. This book contains a list of the most commonly prescribed preventive prescription drugs. It does not include all conditions that may be prevented with prescription drugs. The prescription drugs listed here serve to maintain a person's health status and help them avoid acute complications. This list is not all-inclusive and is subject to change.

Important facts about this benefit

- Please refer to your plan documents for coverage on the selected products. Quantity limits, step therapy, prior authorizations and other coverage limitations may apply.
- Quantities are limited to a maximum 3-month supply per fill.
- Tier 3 medications listed in the Security Health Plan Formulary are not routinely placed on the preventive list.
- If a generic equivalent product is available, the originator brand medication will not be covered (Example: simvastatin is covered, ZOCOR is not).
- This list is updated annually on a calendar year basis.

The covered preventive drugs are divided into medication categories. The Diabetic Drugs and Supplies category is further divided into two subcategories labeled "Diabetic List" and "Insulin and Insulin Supply List." Drugs are considered preventive by Security Health Plan when taken by a person who has developed risk factors for a disease that has not yet become clinically apparent (e.g., blood pressure or cholesterol drugs to prevent heart attack or stroke). Taking these medications as directed by your prescriber can help avoid serious health problems.

Note: Some plans do not include this preventive drug list and some plans cover the entire preventive drug list, while other plans will only cover select categories within the list. Please refer to your plan documents for information specific to your preventive coverage.

You can view your Summary of Benefits and Certificate of Coverage or Policy online when you log into your My Security Health Plan account. If you don't have an account go to www.securityhealth.org/registration.

Preventive Drug List

Asthma and chronic obstructive pulmonary disease (COPD) drugs

Prevention of an asthma or COPD episode

Albuterol nebules
Albuterol Sulfate ER tablet
Albuterol Sulfate tablet
Albuterol syrup
Anoro® Ellipta inhaler
Arnuity® Ellipta inhaler
Budesonide suspension
Combivent® Respimat inhaler
Cromolyn nebules
Flovent® Diskus
Flovent® HFA inhaler
Fluticasone-Salmeterol inhalation powder
Incruse® Ellipta
Ipratroprium-Albuterol nebules
Ipratropium 0.02% solution
Levalbuterol nebules
Metaproterenol tablet
Metaproterenol syrup
Montelukast granules
Montelukast tablet
Montelukast tablet chew
QVAR® RediHaler
Serevent® Diskus
Spiriva® Handihaler
Spiriva® Respimat inhaler
Stiolto® Respimat inhaler
Terbutaline tablet
Theophylline elixir
Theophylline ER tablet
Theophylline tablet
Trelegy® Ellipta inhaler
Ventolin® HFA inhaler
Wixela® Inhub inhalation powder
Zafirlukast tablet

Blood thinners

Prevention of stroke, blood clot or repeat heart attack

Brilinta® tablet
Clopidogrel tablet
Coumadin® tablet
Dipyridamole tablet
Dipyridamole capsule
Eliquis® tablet
Jantoven® tablet
Prasugrel tablet
Warfarin tablet
Xarelto® tablet

Diabetes drugs and supplies

Prevention of complications related to high blood sugar

Diabetic List:

Acarbose tablet
Alogliptin tablet
Alogliptin-Metformin tablet
Alogliptin-Pioglitazone tablet
Glimepiride tablet
Glipizide tablet
Glipizide ER tablet
Glipizide XL tablet
Glipizide-Metformin tablet
Glyxambi®
Invokamet® tablet
Invokamet® XR tablet
Invokana® tablet
Janumet® tablet
Janumet® XR tablet
Januvia® tablet
Jardiance® tablet
Jentadueto® tablet
Jentadueto® XR tablet
Metformin tablet
Metformin ER tablet
Nateglinide tablet

Insulin and Insulin Supply List:

Alcohol prep pads
Batteries
Chemstrips
Dexcom® (if over age 18, prior authorization is required)
Diastix® (urine glucose test strips)
Fiasp®
FreeStyle® control solution
FreeStyle® Freedom Lite meter
FreeStyle® InsuLinx Plus meter
FreeStyle® InsuLinx test strips
FreeStyle® Libre reader
FreeStyle® Libre sensors
FreeStyle® Lite Meter
FreeStyle® Lite test strips
FreeStyle® Optium ketone strips
FreeStyle® test strips
FreeStyle® lancets
Glucagon® emergency kit
Insulin needles
Insulin syringes
Keto-Diastix® (urine glucose-acet test strip)
Lancets

Diabetes drugs and supplies *(continued)*

Prevention of complications related to high blood sugar

Diabetic List:

Ozempic® injection
Pioglitazone-Glimepiride tablet
Pioglitazone tablet
Repaglinide tablet
Repaglinide-Metformin tablet
Synjardy® tablet
Synjardy® XR tablet
Tolazamide tablet
Tolbutamide tablet
Tradjenta® tablet
Trulicity® injection
Victoza® injection

Insulin and Insulin Supply List:

Lantus®
Novolin® 70-30
Novolin® N
Novolin® R
Novolog®
Novolog® Mix 70-30
Precision® Neo test strips
Precision® Xtra beta ketone test strips
Precision® Xtra meter
Precision® Xtra test strips
Precision® Xtra control solution
Toujeo®
Trueplus® Ketone test strips

Heart disease drugs

Prevention of heart disease

Amiodarone tablet
Digoxin tablet
Digoxin oral solution
Disopyramide capsule
Dofetilide capsule
Flecainide tablet
Isosorbide Dinitrate tablet
Isosorbide mononitrate tablet
Mexilitine capsule
Nitroglycerin sublingual tablet
Propafenone tablet
Quinidine tablet
Sotalol AF tablet
Sotalol tablet

High blood pressure drugs

Prevention of stroke, complications due to high blood pressure and reoccurrence of heart attack

Acetazolamide tablet
Acebutolol capsule
Afeditab CR tablet
Amiloride tablet
Amiloride-HCTZ tablet
Amlodipine tablet
Amlodipine -Valsartan tablet
Amlodipine -Valsartan-HCTZ tablet
Amlodipine-Benazepril tablet
Atenolol tablet
Atenolol-Chlorthalidone tablet
Benazepril tablet
Benazepril-HCTZ tablet
Betaxolol tablet
Bisoprolol tablet
Bisoprolol-HCTZ tablet
Bumetanide tablet
Candesartan tablet
Candesartan-HCTZ tablet
Captopril tablet
Captopril-HCTZ tablet
Cartia® XT capsule
Carvedilol tablet
Chlorothiazide tablet
Chlorthalidone tablet
Clonidine tablet
Clonidine Transderm Patch
Dilt® XR capsule
Diltiazem tablet
Irbesartan-HCTZ tablet
Isradipine capsule
Labetalol tablet
Lisinopril tablet
Lisinopril-HCTZ tablet
Losartan tablet
Losartan-HCTZ tablet
Methyclothiazide tablet
Methyldopa tablet
Metolazone tablet
Metoprolol Succinate ER tablet
Metoprolol Tartrate tablet
Metoprolol-HCTZ tablet
Minoxidil tablet
Moexipril tablet
Nadolol tablet
Nifedipine ER tablet
Olmesartan tablet
Olmesartan/HCTZ tablet
Perindopril tablet
Pindolol tablet
Prazosin capsule
Propranolol tablet

High blood pressure drugs *(continued)*

Prevention of stroke, complications due to high blood pressure and reoccurrence of heart attack

Diltiazem 12Hr ER capsule
Diltiazem 24Hr CD capsule
Diltiazem 24Hr ER capsule
Diltiazem 24Hr ER tablet
Diltiazem ER capsule
Doxazosin capsule
Enalapril tablet
Enalapril-HCTZ tablet
Epaned oral solution
Eplerenone tablet
Eprosartan tablet
Ethacrynic Acid tablet
Felodipine ER tablet
Fosinopril tablet
Fosinopril-HCTZ tablet
Furosemide solution
Furosemide tablet
Guanfacine tablet
Hydralazine tablet
Hydrochlorothiazide capsule
Hydrochlorothiazide tablet
Indapamide tablet
Irbesartan tablet
Propranolol ER capsule
Propranolol-HCTZ tablet
Quinapril tablet
Quinapril-HCTZ tablet
Ramipril capsule
Spironolactone tablet
Spironolactone-HCTZ tablet
Telmisartan tablet
Telmisartan-HCTZ tablet
Terazosin capsule
Timolol tablet
Torsemide tablet
Trandolapril tablet
Trandolapril -Verapamil ER tablet
Triamterene-HCTZ capsule
Triamterene-HCTZ tablet
Valsartan tablet
Valsartan-HCTZ tablet
Verapamil tablet
Verapamil ER tablet

High cholesterol drugs

High cholesterol drugs (prevention of heart disease)

Atorvastatin tablet
Cholestyramine for oral suspension
Cholestyramine Light for oral suspension
Colestipol tablet
Colestipol granules
Colestipol tablet
Ezetimibe tablet
Fenofibrate (54mg, 160mg) tablet
Fenofibric Acid tablet
Fenofibric Acid DR capsule
Fluvastatin capsule
Gemfibrozil tablet
Lovastatin tablet
Niacin ER tablet
Pravastatin tablet
Rosuvastatin tablet
Simvastatin tablet

Mental health drugs

Prevention of symptoms of anxiety, depression or other mood disorders

Citalopram tablet
Citalopram solution
Escitalopram tablet
Escitalopram solution
Fluoxetine capsule (10, 20, 40 mg)
Fluoxetine solution
Paroxetine tables (10, 20, 30 40 mg)
Sertraline tablet
Sertraline solution

Osteoporosis (bone disease) drugs

Prevention of bone fractures

Alendronate tablet
Calcitonin (Salmon) Nasal spray
Ibandronate tablet
Raloxifene tablet
Risedronate tablet

Prenatal vitamins

Prevention of birth defects

Prenatal vitamin tablets (generic versions only)

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