



City of Stevens Point Wellness Program Next Steps...

Thank you for participating in the biometric screening.

The results of your biometric screening will be available in approximately 10 business days. **Important Notice: Do not log on prior to 10 business days after your screening date as lab results will not be available.**

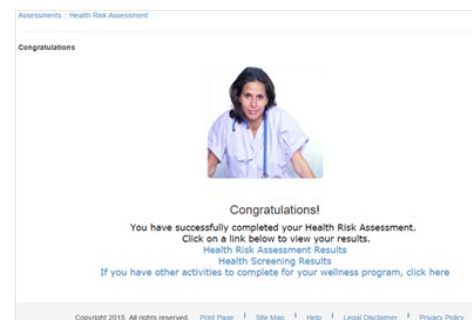


Next Step: Complete Health Risk Assessment (HRA)

Completing your online Health Risk Assessment will take approximately 15 minutes to complete. Follow the steps below to log on to your online portal and begin.

1. Log on to www.ushealthcenter.com
2. **Username:** Your full last name and the month and date of your birthday. For example: Chris Smith with a DOB 01-11-2000 would enter: smith0111
Password: For **RETURNING** users, enter your existing password. If you do not remember or are having problems with your password, click on the 'Forgot Password' link, enter your information and email and request new password. If you are a **NEW** user, then click on the 'Forgot Password' link, enter your information and email and request a password. Still need assistance? Call 877-322-7398 ext. 2 or email help@ushealthcenterinc.com. If you are new you will be asked to change your password the first time you logon to something personal to you. ****Remember to safely record & keep your password.** Once your Username & Password are created, you should be at your Personal Health Desktop
3. Click on **Assessment > Health Risk Assessment > Start My Health Risk Assessment**
4. Follow the instructions to complete the assessment. Note: If you participated last year, your answers will be pre-selected. You will still need to go through the entire HRA again. You will receive a congratulations page when you have successfully completed.
5. Once you have completed your HRA you will be prompted to view the results of your health screening.
6. Deadline to complete your HRA: **May 3, 2019**
7. COMPLETE YOUR RESULTS REVIEW. Online schedules available via RegFox.
<https://ascension-wi.regfox.com/cosp-results-review-may-1st>
<https://ascension-wi.regfox.com/cosp-results-review-2019-may-9th-fire>
<https://ascension-wi.regfox.com/2019-cosp-results-review-may-8th>
<https://ascension-wi.regfox.com/cosp-results-review-2019-may-6th-streets>
<https://ascension-wi.regfox.com/cosp-results-review-2019-may-30th>
<https://ascension-wi.regfox.com/cosp-results-review-2019-may-2nd-fire>
<https://ascension-wi.regfox.com/cosp-results-review-2019-may-22nd-police>
<https://ascension-wi.regfox.com/cosp-results-review-2019-may-21>
<https://ascension-wi.regfox.com/cosp-results-review-2019-may-20th>
<https://ascension-wi.regfox.com/cosp-results-review-2019-may-15th-parks--rec>
<https://ascension-wi.regfox.com/cosp-results-review-2019-may-14th-water>

**Paper schedules will be available at the Streets Department & Transit.*



Questions? Contact Lisa Fahney, Ascension Employer Solutions, (715) 295-5261, lisa.fahney@ascension.org